



DATING INVESTIGATION LIMITED

## Teens Dating Information

### 1. Date people you know and trust

It's a really good idea to have a history of talking and getting to know each other before you go on a face to face date. Then meet in a group or double date first.

### 2. Be careful when meeting people after online dating only

Definitely meet with a group of people or other people you know when meeting someone only online. Make sure you ask lots of questions about them and trust their answers. If something seems strange, does not add up or is unusual, then trust your gut feeling and stop the connection. DO NOT meet!

### 3. Talk to your parents or someone about where you are going

Ok, so telling your parents may not be ideal for you at this stage and might seem embarrassing, but it keeps you safe. At the very least tell friends where you are going.

### 4. Choose a location and stick to it

Just hanging out is not great as there is no specific location. Ideally choose a pre arranged location so that you know where you are going and can tell others.

### 5. Drop a pin

Wherever you meet or if you do go somewhere else, drop a pin and send it to a friend.

### 6. Let your date and your parents know the time you are going to leave

Pre plan your exit time. This can always be extended if you are having a great time. When you leave let your parents or friends know you are leaving and on your way home or to your next location. Arrange for them to call if you have not messaged to let them know you are leaving.

### 6. Always be confident and leave if there is a bad vibe

It is ABSOLUTELY ok to leave if you are not feeling comfortable, safe or just not feeling the vibe. There are a number of ways you can leave. Make an excuse if you can. Let them know when you arrive there is a time limit to leave. You can always extend the time afterwards. You can arrange a safety call after 20 mins from a friend or family member and if you need to leave you can say there has been an emergency. More comprehensive details are in our "First Face to Face Date" downloadable tutorial (coming soon!)